

Improve - Don't Remove

Hemorrhoidectomy? Improve, Don't Remove.

If you are considering hemorrhoid surgery (hemorrhoidectomy), there are several facts to consider before you give your doctor the go-ahead.

Surgical removal of hemorrhoids is among the most painful procedures you could undergo. The rectal area is one of the most sensitive in the human body, and natural, everyday movements can cause your buttocks to rub up against this area, causing intense rectal pain and making it harder for your surgical wound to heal.

There's also no guarantee that your hemorrhoids will not recur.

In addition, you may suffer from complications of hemorrhoidectomy, including anal stenosis (tightening of your anal cavity), urinary retention, infection and bleeding.

Finally, during your recuperation period you may have to take workdays off -- usually two weeks or more.

Given all these downsides, it is worth considering some simple steps to avoid going into the operating room.

- During a severe hemorrhoid attack, take a stool softener or give yourself an enema.
- Use a drug-free topical ointment to ease the pain, anal itching, and inflammation irritated by routine movement. It is important to apply ointment before bowel movements. Drug-free ointments are preferred over anesthetics, which might cause more damage to your swollen hemorrhoids by allowing you to be more active than you should be. Drug-free ointments are also preferred over steroids, which may thin out your anal wall and turn your hemorrhoids into a chronic problem, rather than a short-term one.
- Take a warm soak during bouts of severe hemorrhoid pain.
- Eliminate foods that cause constipation and irritation. Instead, eat whole foods and vegetables in every meal. You should also avoid spicy foods as well as alcohol, which can make you dehydrated.
- Don't rush into surgery that may not be necessary. If your hemorrhoid is dark and you have already scheduled surgery, ask your doctor if you can wait a few days. Over time, your symptoms may go away by using non-surgical treatments.

Reverse the swelling and avoid medical intervention– with Anuleaf AD

Anuleaf AD is the only hemorrhoid treatment that directly addresses the rubbing problem. By separating your cheeks, Anuleaf AD not only relieves pain immediately – it helps you heal faster. No more pain, and no more time and money spent on treatments that don’t work.

Wear Anuleaf AD continuously when your hemorrhoids flare-up, and it will promote healing. Of course, while you are wearing Anuleaf AD, you should take time to rest: A few hours of rest and a good night’s sleep will make a big difference in how quickly you heal. You may also take pain medication to help ease your inflammation.

After your hemorrhoid subsides, do not go back to the same habits that caused the problem in the first place. Sticking to your daily rhythm and maintaining a balanced diet both help keep you out of the operating room.

Follow these steps, and you should feel and see the results immediately. Don’t stop using Anuleaf AD until your hemorrhoid has lost its dark color. To measure your progress, take a picture of the area before treatment, and compare it with your current condition using a mirror. If the color is lighter and the pain is reduced, you are on the road to recovery! (If you don’t feel pain relief immediately or your hemorrhoid has gotten worse, you should talk with your doctor.)

To sum up, the key to preventing the need for surgery is to use Anuleaf AD when your hemorrhoid first flares up. By doing so, your inflamed hemorrhoid gets better rather than worse, and you give yourself time to go back to your normal routine.

The Anuleaf AD Guarantee

If our product does not help you heal faster and reduce your pain, we will give you your money back. We're that confident about Anuleaf AD! So why wait a minute longer for effective hemorrhoid relief? Order Anuleaf AD right now, for prompt delivery.